



# Overview of the Medi-Cal Mental Health Delivery System

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# Current County Systems

- 56 counties + 2 city plans
- Most counties operate as integrated “Behavioral Health Systems” and manage the mental health and substance use disorder (SUD) benefit out of a single department
- We are a “carved out benefit”

# Delivery Systems

- Counties operate a network of providers that includes county staff and contracted agencies (typically non-profits).
- More rural counties often only have county staff providing services.
- Larger Counties tilt towards more contracted provider services

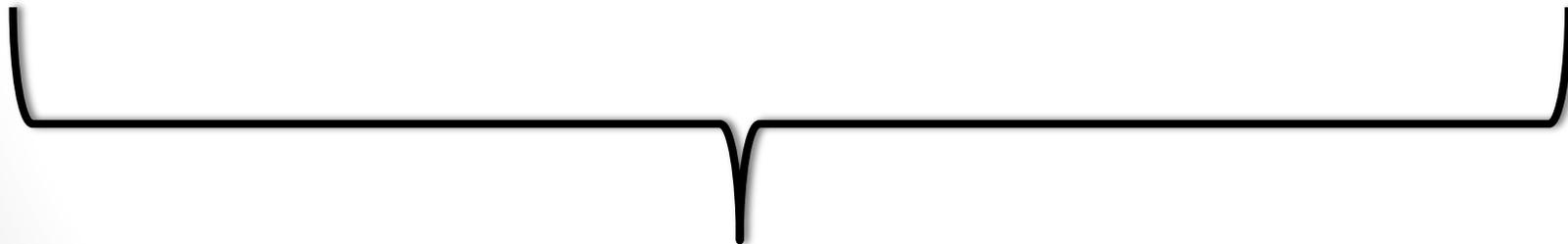
# Who is eligible for County Services

County MH:  
Prevention

Medi-Cal Managed  
Care Plans:  
Mild/Moderate Services

County MH:  
Services  
to the  
moderately  
mentally ill

County  
MH:  
Services  
to the  
severely  
mentally ill



**For substance use services counties are responsible for the full spectrum from prevention to intensive residential treatment.**

# Reimbursement Basics:

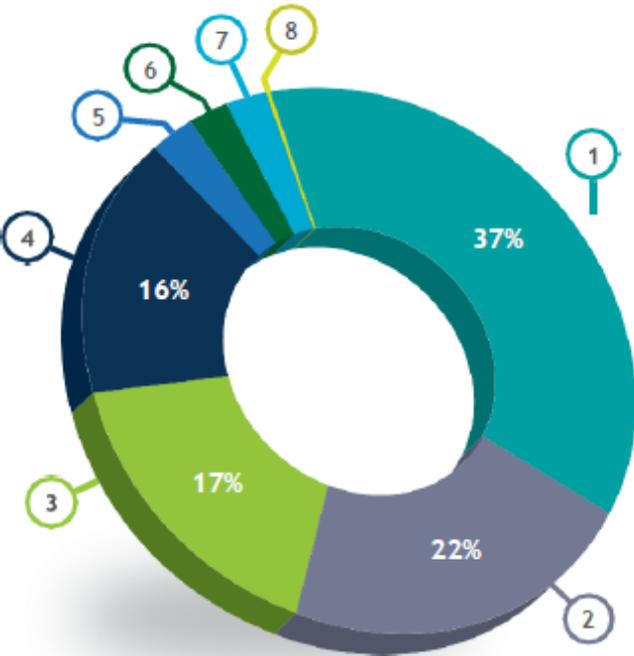
We bill per minute (or per unit of service for SUD)

Each person has a Medi-Cal aid code that determines the % of the service cost that is eligible for federal reimbursement



## California County Behavioral Health Funding

California counties receive over \$8 billion in funds annually for behavioral health.\* The money comes from a variety of sources.



1	Federal Mental Health Medicaid Matching Funds	\$3.04 billion
2	Mental Health Services Act	\$1.77 billion
3	2011 Realignment	\$1.39 billion
4	1991 MH Realignment	\$1.31 billion
5	Federal SAPT Block Grant	\$225.6 million
6	Other (MH Block Grant, County MOE, County GF)	\$212.8 million
7	Federal SUD Medicaid Matching Funds	\$190.5 million
8	State General Fund	\$14.7 million

\*Amounts based on FY16/17 Estimated Behavioral Health Funding.

Does not reflect projected increases in federal matching funds and state general fund spending on SUD services under the DMC-ODS (lines 7 and 8).

# Specialty Mental Health Services Provided

- Prevention
- Assessment
- Case Management
- Mental Health Counseling Rehabilitation
- Full Service Partnerships “Whatever it takes”
- Crisis Intervention
  - In emergency departments
  - In the community
  - In partnership with law enforcement teams.
- Inpatient Services
- Residential Services (Placements up to State Hospitals)

# Specialty Mental Health Services Provided to Children

- Early Intervention Services (0-5) often in partnership with First Five groups
- School Based Mental Health Services
- Services In Partnership with Social Services to children in placement; we conduct family assessment and mental health services to support the reunification process
- Mental Health services to kids in placement
- Services to the Juvenile Justice population (both prevention and intervention)
- Transition age youth specific services and services geared to support the LGBTQ youth

# Additional Publicly Funded BH Services For Adults

- Community Based Homeless Outreach
- Mental Health & SUD services for the CalWORKs population
- Consumer Wellness Centers
- Supportive Housing
- State Hospitals, IMD placements
- Payment “patches” to board and care facilities
- State Hospital Services
- Substance Use Disorders:
  - Prevention & early intervention
  - Individual and group counseling
  - Residential Substance use treatment
  - Medication assisted treatment
  - \*Additional services (e.g. case management and recovery services) in DMC-ODS waiver counties

# One County Example:

## HHSA Mental Health Levels of Care

### Number of Clients Served vs. Cost of Service FY 17/18



\* Data does not reflect Managed Care Offset of \$472,843.28

# Key Partners: We thrive through collaboration

People can enter services through open access clinics, calling a central call number to schedule an assessment, or through the doors we open by providing services with our key partners:



# Where:

- Many of our services are provided at home, or in other community based settings such as:
  - Schools
  - Targeted community based outreach to the homeless population
  - In collaboration with key partners (at probation offices)
  - Reverse Integration Primary Care Clinics
- Counties and our contract providers cover the entire geography of the county and are subject to managed care time and distance standards.

# Questions?

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